



January Morton Elementary Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 No School	5 No School	6 No School	7 No School
10 Early Dismissal Pre-ordered Sack Lunch	11 Jumbo Corn Dog Vegetable of the Day Fruit of the Day	12 Creamy Mac & Cheese Soft Pretzel Rod Vegetable of the Day Fruit of the Day	13 Homemade Cheese Quesadilla Vegetable of the Day Fruit of the Day	14 Yang's Orange Chicken Brown Rice Vegetable of the Day Fruit of the Day
17 No School	18 Sloppy Joe Scoops Vegetable of the Day Fruit of the Day	19 Cheese Ravioli Garlic Bread Vegetable of the Day Fruit of the Day	20 *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	21 Italian Meatball Sub Vegetable of the Day Fruit of the Day
24 Mini Corn Dogs Vegetable of the Day Fruit of the Day	25 Fajita Chicken Quesadilla Vegetable of the Day Fruit of the Day	26 Pizza Dipper w/Marinara Sauce Vegetable of the Day Fruit of the Day	27 Savory Salisbury Steak Whole Grain Biscuit Vegetable of the Day Fruit of the Day	28 *BBQ Pork Rib Sandwich Vegetable of the Day Fruit of the Day
31 Chicken Parmesan Sandwich Vegetable of the Day Fruit of the Day				

FREE MEALS To All Enrolled Students

Daily Options
Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets w/ Dinner Roll
Friday-Cheese Pizza

Now Hiring For Food Service Positions
Contact Kristina Klein at 309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.
 *Contains or may contain pork
V= Vegetarian

Included with Every Meal
Fruit and Vegetable
Choice of Milk

Make Choices for a Healthy Lifestyle!

arbor online
 arboronline.com

For more information or to "Ask the Dietitian", check out our website!