



October Morton Elementary Lunch



FREE MEALS
To All Enrolled Students

Daily Options
Monday-Juicy Cheeseburger
Tuesday-Cheesy Beef Nachos
Wednesday-Crispy Chicken Sandwich
Thursday-Crispy Chicken Nuggets w/ Dinner Roll
Friday-Cheese Pizza

Now Hiring For Food Service Positions
Contact Kristina Klein at 309-284-6320

Arbor A+ Nutrition Mission
To serve students daily:

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

-Arbor Management-

Make Choices for a Healthy Lifestyle!

Monday	Tuesday	Wednesday	Thursday	Friday
National School Lunch Week October 11-15, 2021 				1 Hot Turkey & Cheese Melt Vegetable of the Day Fruit of the Day
4 Chicago Style All Beef Hot Dog Vegetable of the Day Fruit of the Day	5 Chicken Drumstick Dinner Roll Vegetable of the Day Sliced Bell Peppers Fruit of the Day	6 Half Day No Lunch Service	7 Italian Meatball Sub Vegetable of the Day Fruit of the Day	8 "Say Cheese" Toasted Sandwich Vegetable of the Day Fruit of the Day
11 No School	12 Chicken Tenders & Belgian Waffle Vegetable of the Day Fruit of the Day	13 Pizza Dippers w/Marinara Sauce Vegetable of the Day Fruit of the Day	14 Walking Taco Nachos Vegetable of the Day Fruit of the Day	15 Half Day No Lunch Service
18 Yogurt Fun Brunch Vegetable of the Day Fruit of the Day	19 Jumbo Corn Dog Vegetable of the Day Fruit of the Day	20 Creamy Mac & Cheese Soft Pretzel Rod Vegetable of the Day Fruit of the Day	21 No School	22 No School
25 Crispy Chicken Tenders Dinner Roll Vegetable of the Day Fruit of the Day	26 Sloppy Joe Scoops Vegetable of the Day Fruit of the Day	27 Cheese Ravioli Garlic Bread Vegetable of the Day Fruit of the Day	28 *Grilled Chicken Bacon Melt Vegetable of the Day Fruit of the Day	29 Italian Meatball Sub Vegetable of the Day Fruit of the Day

Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.
 *Contains or may contain pork

Included with Every Meal
Fruit and Vegetable/Choice of Milk



For more information or to "Ask the Dietitian", check out our website!