

Dear Jefferson Parent /Guardian:

Beginning April 22, 2024 Jefferson Physical Education classes will be participating in the skating unit at the Morton Roller Rink. Students will walk from Jefferson to the rink under the direct supervision of Jefferson staff.

This skating unit is being implemented because skating is considered a lifetime activity. Skating provides a variety of benefits, which include balance, coordination, motor skills, as well as being a top rated cardio-respiratory workout. Students will learn basic skating skills such as starting, stopping, forward skating, backward skating, cornering, and a number of safety tips for being a smart skater.

The fee for this unit is **\$10.00**. If you would like to donate additional funds to help cover the cost for other Patriots, your donation would be greatly appreciated.

This fee includes all of the equipment necessary for the two weeks (5 sessions) of skating during P.E. class time. **Students in K-2 will be using the quad skates. Students in 3-6 will be given the option of quad or inline skates, based on their responses below.**

Please have your child return this permission slip with the money no later than Wednesday April 17.

Student Name (please print): _____ **Grade:** _____

3-6 grade students only: Inline _____ **Quad** _____ **Amount included \$** _____

Parent/Guardian Signature: _____

Due by Wednesday April 17th.

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