

Dear Parent or Guardian:

Beginning **February 4, 2019**, our Physical Education classes will be participating in our skating unit at the Morton Roller Rink. Students will walk from Jefferson to the Rink under the direct supervision of Jefferson staff.

This skating unit is being implemented because of its emphasis as a "Lifetime Activity". Skating provides a variety of benefits, which include balance, coordination, motor skills, and a top rated cardio-respiratory workout. Students will learn basic skating skills such as starting, stopping, forward skating, backward skating, cornering, and a number of safety tips for being a smart skater.

The fee for this unit is **\$6**. This fee includes all of the equipment necessary for **5 days of skating** during P.E. Class. **ALL students will use quad skates and will not be allowed to bring their own skates.**

Please have your child return this permission slip with the fee no later than January 31, 2018.

If you would like to sponsor a child needing assistance, please fill in the spaces below and enclose that amount with your child's fee.

Student Name (please print): _____ **Grade:** _____

No. of additional _____ **x \$** _____ **= \$** _____

Parent/Guardian Signature: _____

Due by January 31, 2019